

## Troy Community Center 3179 Livernois Rd.

Get fit, have fun and recreate at the Troy Community Center. Residents and business employees can purchase an affordable pass that allows access to a 7,300 square foot fitness room, an indoor aquatic center, gymnasium, and locker rooms. A child care center is available for an additional fee. Sign up today at the Recreation Control Desk or call 248.526.2655 for more information.

### Recreation Pass Information

Passes can be purchased at the Recreation Control Desk.

#### Admittance Policy

- When purchasing a daily admission or punch card for the first time, patrons must complete an application and have proof of residency or employment in Troy. A parent or legal guardian must sign for persons 18 or younger except if purchasing a daily pass.
- Pass holders must present their Recreation Card to gain entry to the recreation areas.
- Children under 10 must be accompanied and supervised by an individual 16 or older in all areas of the Community Center.
- Children under 3 are admitted free with a paying adult
- The minimum age to use the fitness room is 13. Thirteen-year olds must complete a Fitness Room orientation prior to using the fitness equipment and are scheduled at the Recreation Control Desk (248.526.2655).

#### Pass Promotions

**September 22:** The first day of Autumn is celebrated with a half price sale on day passes.

**October 12:** Honor the man who discovered America on Columbus Day by finding the Community Center and purchasing a day pass for only \$4.

**November 26, 28-30:** Burn some extra calories before and after your Thanksgiving Day feast as daily passes are \$5 per person.

#### Daily Pass Punch Card and Booklet

The Daily Pass Punch Card is transferable within the same household and allows the cardholder 10 separate visits for a discounted single visit rate. The booklet consists of 10 single visit passes and is available for guests of eligible pass holders. All guests must be accompanied by a pass holder when using the daily pass.

#### Family Nights at the Community Center - page 66.

#### Senior Day

On Friday mornings, resident seniors (60+) can purchase a daily pass for \$3 at select times: Pool (8-10 am) and fitness room and gym (8-11:30 am).



Pass discounts are available to Troy residents purchasing year round recreation passes with a permanent disability or have low-income status based on Oakland County residency.

Pass Type	Resident	Non-Resident Employee	Guest
Recreation Pass - Adult	\$18/month \$216/year	\$22/month \$264/year	N/A
Recreation Pass -Youth (ages 3-17)	\$9/month \$108/year	\$11/month \$132/year	N/A
Recreation Pass - Senior (age 60 and older)	\$16.25/month \$192/year	N/A	N/A
Matinee Pass (M-F, 8 am-3 pm)	\$13.75/month \$165/year	\$16.50/month \$198/year	N/A
Corporate Pass (10 pass minimum)		\$2,640/year	
Single Month Pass	\$33	\$44	N/A
Daily Pass - Child under 3	Free	Free	Free
Daily Pass - Youth (3-12)	\$5	\$8	\$10
Gym Pass (HS students) see gym schedule	\$3	N/A	N/A
Daily Pass -Adult (13 and older)	\$7	\$8	\$10
Group (20 or more)	\$5	\$5	\$5
Daily Pass Booklet and Punch Card	see below	see below	\$80
Youth Punch Card (3-12 yrs)	\$30	\$70	N/A
Adult Punch Card (13 and older)	\$50	\$70	N/A

For more information about the Community Center and Recreation Passes visit our website at:

[www.troymi.gov/parksrec](http://www.troymi.gov/parksrec)

**Fall Recreation Schedule (Sept 2 - Jan 1, 2009\*)**

Day/Activity	Adult Volleyball	Badminton	Basketball	High School Open Basketball	Pass Holder Recreation
Monday	8-10:25 pm	6-9 am	11:30 am -10:30 pm	2:30-5:30 pm	6-10:30 am 1:30-4 pm
Tuesday		8:30-10:25 pm	6 am -10:30 pm	2:30-5:30 pm	6-8:45 pm 2-4 pm
Wednesday	8-10:25 pm	6-9 am	6-9:30 am 11:30 am-4 pm	2:30-5:30 pm	2-4 pm 6-10:30 pm
Thursday		8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-10:30 am 2-4 pm 6-8:30 pm
Friday	8-10:25 pm	Senior Drop In 6-9 am		2:30-5:30 pm	1:30-4 pm
Saturday			8 am-6:30 pm		6:30-9 pm
Sunday		3-5:55 pm	9 am-6 pm		9-11 am

**\*Schedule is tentative as some activities may be cancelled or times altered due to other functions/activities.**

**Fitness Room**

If you haven't been to the fitness room recently, come check out the new rubber flooring and treadmills. Overall, the fitness rooms contain 58 pieces of cardiovascular equipment, weight training machines, and free weights including bench press stations, squat racks, and dumbbells up to 100 lbs. Commercial free music is provided and 11 televisions are available for use with a personal radio and headphones.

**Personal Trainers**

Whatever fitness goals you seek, this program will get you there! Our personal training staff will design a program precisely to meet your needs, from losing weight, to gaining muscle, from diet management, to improving endurance in addition to monitoring your workout. All trainers are certified and dedicated to the promotion of a healthy lifestyle. Call or stop by today to find out more. Day and evening appointments are available. Call 248.526.2657 to schedule yours today!

**The Teen Scene – Grades 6-12 are Free**

Troy teens and their guests can play billiards, foosball, shuffleboard, air hockey, and video games (Nintendo Game Cube) and watch movies or TV on the BIG SCREEN TV. Advance registration is required. Forms are available at the Administrative Desk and online at: [www.troymi.gov](http://www.troymi.gov)

School Year Hours: Monday-Thursday: 2:30-9 pm; Friday: 2:30-10 pm and Saturday: 9 am-4 pm.

**Kids Korner Childcare Service**

Friendly staff provide childcare for your child(ren) while you take a class or workout in the facility. Kids Korner is located directly next to the workout area for your convenience. There is a separate charge for this service. Visit us online or stop in for a brochure about prices and our hours of operation.

**Massage**

Coming this fall to the Community Center, for more details please call 248.524.3484 after August 12.

**Fitness Room Hours of Operation**

Monday-Friday: 5:30 am-10:30 pm  
Saturday: 8 am-9 pm  
Sunday: 9 am-6 pm

**Holiday Hours**

August 25-August 1 – Closed for annual maintenance  
November 27 (Thursday) – Community Center Closed  
November 28 (Friday) – Fitness Room: 8 am-6 pm, Lap Swim and Therapy Pool: 8-10 am, Leisure Pool: 10 am-5 pm, Kids Korner: Closed

**Outdoor Amenities**

Enjoy these great amenities at the Community Center (located on the north side of the building):

**Skate Park**

- 10,000 square foot outdoor skate park
- Quarter and half pipes, wedges, rails, and grind boxes
- Restrooms, telephone, and snacks available indoors

**Bocce and Shuffleboard Courts**

- Two Shuffleboard courts
- Two Bocce Ball courts
- Benches and shade structures
- Check out equipment at the Parks and Recreation Administrative Desk

**City Park Pathway**

- You can bike, rollerblade or walk your way around the Community Center site on this paved path.
- Map of the pathways are available at Administrative Desk and our website; distances range from .4 to 2.2 miles.